

1

Read these cards out loud in turn.

2

So far you've had a normal life.

3

Maybe with a few weird things here and there, like that music that no one else seemed to hear.

4

Or the feeling that you were missing something, without being able to name it.

5

And then, lately, the quirks have started to intensify.

6

Yet what if there was an explanation for everything that's happening to you?

7

What if there were others like you? If you weren't an isolated case?

8

If you were part of something bigger?

9

Once you have finished reading the Instruction cards, continue with the Question cards, always aloud and in turn.

10

Answer it from the point of view of the character of your choice, in the present or the past. It can be found anywhere in the world.

11

During your turn, other people may ask you questions or make suggestions. You are free to decide whether or not to take this into account.

12

Below the Previous and Next buttons, you can see a third button marked with an X.

13

If you are confronted with a card or answer that bothers you, click on this button and the content that bothers you will be removed from the game.

14

If you remove a card from the game using this X button during your turn, pick a new one.

15

You can also skip your turn. Then give the Question card you just drew to the next person and ask them to answer it as if they had drawn the card.

16

A Question card can then go around the table before a person decides to remove it using the X button.

17

Continue to answer questions, skip your turn or remove cards from the game using the X button until the Epilogue card is drawn.

18

Each person then reacts in turn, and the game ends.

19

You can now start playing. Anyone who wants to can now draw the first Question card.

Recently you have finally been able to solve your problems. Why do you feel like someone is helping you?

You've never really known love. Why? Why?

You've been hearing strange sounds lately. Which ones?

You've been feeling a lot of emotion lately. How was it particularly surprising knowing you?

For some time now, you've been going through these strange things. Have you told anyone about this?

Another person seems to realize what's happening to you. Who is it? Who is it?

You hear more and more often this voice, this song, which seems to be only in your head. Why does it affect you so much?

For a moment there seemed to you to see a face other than yours in the mirror. What did he look like?

You feel like everyone's mad at you. Yet around you, there are only people who love you. Why this impression in this case?

You feel like everyone loves you. Yet around you, there are only angry people. What have you (yet) done?

You suddenly feel like you have mastered a subject at your fingertips, without ever having studied it. What is it about?

You are credited with a feat, but you take no pride in it. Why? Why?

You feel that a great danger is approaching. Yet you remain calm. Why? Why?

You have an unexpected sensation on your skin. What is it about?

People have been looking at you funny lately. What has changed?

Why do you suddenly feel that the slightest gesture or noise could be fatal to you?

What's happening to you makes you doubt your mental health. Is this new to you?

Something is preventing you from surrendering yourself totally to what is happening to you. What is it about?

Why are you suddenly having doubts about your sexual orientation?

You felt the taste of something without having absorbed it. What was it about?

Among these new experiences you are having, there is one that you particularly like. Which one?

Lately, you've been feeling very weak. Why?

You're getting close to someone you thought you hated. Who is this about?

A particular place attracts you more and more. Which one?

A place you've never been to before seems suddenly familiar to you. Why? Why?

You are in a familiar environment. Yet you have the feeling that you no longer have any landmarks. Why? Why?

You smell that smell that can't possibly be around here. Which one?

You recently discovered a passion for something you hadn't been paying any attention to until then. What is it about?

What until then didn't scare you in the least, but now terrifies you?

You felt like you had made a perfect success of your life. Yet a shadow tarnishes your happiness. What is it about?

Your dreams seem different lately. What has changed?

You'd be able to give your life. For whom or for what?

One of your senses has developed unexpectedly lately. Which one?

You suddenly feel like you've accomplished something. Yet you are at home in peace. What is it about?

You spend more and more time sleeping. Why? Why?

You've been having strange cravings lately, cravings that don't look like you. Can you tell us more about it?

You had a feeling that didn't look like you or corresponded to the situation you were in. What was it about?

You are in great pain. Who does it belong to?

You have these wonderful memories. Then why can't you enjoy it anymore or not?

What is the most beautiful of these memories that don't belong to you?

Why do some of your memories seem very (very) old to you?

Why this impression
that time is running
out for you?

What are those things
that only you seem to
see?

Have you tried to stop
the weird stuff?

Nothing seems
impossible to you all
of a sudden. What's
the first thing you do?

You have trouble
accepting what's
happening to you.
Why? Why?

Recently, you felt like
you were growing
wings, but you didn't
do well afterwards.
Under what
circumstances was
that?

Why these sudden
tears?

And now what?